

# LIMITI GRUPPO ELITE PROGETTO BRIXIA

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## CATEGORIE MASCHILI

Disciplina	1994	MU16		MU18		MU20
		1993	1992	1991	1990	1989
60m	8.35					
80m		9.90	9.70			
100m				11.70	11.50	11.30
200m				23.50	23.20	22.70
400m				52.50	51.50	50.50
80m ostacoli	12.80					
100m ostacoli		15.20	14.80			
110m ostacoli				16.30	15.80	15.60
800m				2:02.00	2:00.00	1:59.00
1000m	3:05.00	2:54.00	2:48.00	2:45.00	2:42.00	2:36.00
1500m				4:20.00	4:15.00	4:07.00
3000m	10:30.00	10:10.00	9:50.00	9:40.00	9:20.00	8:56.00
salto in alto	1.55	1.68	1.75	1.80	1.85	1.90
salto in lungo	5.25	5.60	5.90	6.25	6.50	6.70
salto con l'asta	3.10	3.30	3.60	3.80	4.00	4.20
salto triplo		11.50	11.80	12.20	12.50	13.00
lancio del peso	11.50 (3)	12.50 (4)	13.00 (4)	12.50 (5)	13.00 (5)	13.00 (6)
lancio del disco	31.00 (0.75)	36.00 (1)	38.00 (1)	35.00 (1.5)	37.00 (1.5)	42.00 (1.75)
giavellotto	32.00 (400)	42.00 (600)	46.00 (600)	47.00 (700)	48.00 (700)	49.00 (800)
martello		30.00	32.00	30.00	32.00	32.00

## CATEGORIE FEMMINILI

Disciplina	1994	WU16		WU18		WU20
		1993	1992	1991	1990	1989
60m	8.55					
80m		10.70	10.50			
100m				13.15	12.90	12.65
200m				26.60	26.30	26.00
400m				62.50	61.00	59.50
80m ostacoli	10.30					
100m ostacoli		12.80	12.50			
110m ostacoli				16.00	15.60	15.00
800m				2:27.00	2:24.00	2:20.00
1000m	3:15.00	3:12.00	3:08.00	3:05.00	3:02.00	2:58.00
1500m				5:15.00	5:00.00	4:50.00
3000m	11:45.00	11:30.00	11:15.00	11:00.00	10:40.00	10:17.00
salto in alto	1.45	1.50	1.55	1.60	1.62	1.65
salto in lungo	4.90	5.10	5.15	5.20	5.30	5.50
salto con l'asta	2.40	2.50	2.70	2.90	3.10	3.30
salto triplo		9.80	10.00	10.30	10.60	11.00
lancio del peso	9.50 (3)	10.60 (3)	11.00 (3)	11.50 (3)	12.00 (3)	12:00 (4)
lancio del disco	28.00 (0.75)	32.00 (0.75)	34.00 (0.75)	32.00 (1)	34.00 (1)	38.00 (1)
giavellotto	30.00 (400)	32.00 (400)	34.00 (400)	33.00 (600)	37.00 (600)	42.00 (600)
martello		25.00	28.00	28.00	30.00	30.00