

DIECI MIGLIORI RISULTATI TICINESI STAGIONALI 2000 FEMMINILI

80 m

10.73	-0.3	(1)F	ELISA	FIOR	85RB ASSPO	CHIASO	17.06.00
10.81	-0.3	(2)F	TANJA	RUGEL	86RB SFGM	CHIASO	17.06.00
10.90	-0.3	(3)F	DIANA	BERGUGLIA	85RB VIRTUS	CHIASO	17.06.00
10.92	-0.3	(4)F	PAMELA	VALLI	85RB ASSPO	CHIASO	17.06.00
10.93	-0.3	(5)F	ALICE	CROCI-TORTI	85RB SAV	CHIASO	17.06.00
10.98	+0.4	(2)sf2	GIORGIA	CANDIANI	87SA SFGC	BELLINZONA	07.10.00
11.08	+0.5	(2)b1	ANNA	LUNGHI	86RB GAB	CHIASO	17.06.00
11.11	+0.3	(D)	GIADA	BRIGNOLI	86RB GAB	RIVERA	30.09.00
11.13	+0.5	(3)b1	MARICA	GALLO	86RB SFGBA	CHIASO	17.06.00
11.15	+1.0	(3)b3	LAURA	DIOLI	85RB GAB	BELLINZONA	01.06.00

100 m

12.13	+1.4	(2)b2	LAURA	IMBERTI	80S SFGC	BASILEA	12.06.00
12.19	+0.7	(1)F	BARBARA	MORZA	82J SFGC	RIVERA	03.06.00
12.26	+0.8	(1)b2	NATHALIE	ZAMBONI	73A LCZ	ZOFINGEN	09.09.00
12.29	-0.6	(3)b1	SILVIA	SCARPONE	76A USA	CHIASO	30.08.00
12.56	+0.2	(2)b2	MONICA	PELLEGRINELLI	65A GAB	CHIASO	30.08.00
12.59	+0.5	(1)b5	LARA	ZAMBONI	70A GAB	LA CHAUX-DE-FONDS	13.08.00
12.67	+2.0	(1)b1	TERESITA	BRAMANTE	77A VIS NOVA	BELLINZONA	24.06.00
12.78	+0.7	(2)sf3	ELISA	DALDINI	83RA SAL	WILL	01.07.00
12.96	-0.8	(1)b3	BETTI	ALLI	70A SG	SION	13.05.00
12.97	+0.1	(5)b1	ELENA	FROSIO	71A VIRTUS	BELLINZONA	16.09.00

200 m

24.57	+0.2	(2)	NATHALIE	ZAMBONI	73A LCZ	BERNA	05.08.00
24.79	+0.7	(1)b1	SILVIA	SCARPONE	76A USA	LA CHAUX-DE-FONDS	13.08.00
25.11	+1.7	(2)b2	BARBARA	MORZA	82J SFGC	BASILEA	12.06.00
25.16	-0.9	(1)b1	LAURA	IMBERTI	80S SFGC	CHIASO	24.05.00
25.99	+1.8	(2)b1	ELENA	FROSIO	71A VIRTUS	BELLINZONA	09.09.00
26.50	-0.7	(3)b1	BETTI	ALLI	70A SG	BELLINZONA	09.09.00
26.52	+1.2	(4)b1	MONICA	BORELLA	73A SAL	BELLINZONA	09.09.00
26.57	-0.6	(D)	LARA	ZAMBONI	70A GAB	RIVERA	30.09.00

26.86	+1.2	(4)b1	DIANA	BETTONI	73A VIRTUS	BIASCA	26.08.00
26.86	0.0	(D)	ELISA	DALDINI	83RA SAL	RIVERA	30.09.00

300 m

41.34		(3)b1	SILVIA	SCARPONE	76A USA	CHIASO	15.04.00
41.54		(4)b1	BARBARA	MORZA	82J SFGC	CHIASO	15.04.00
42.08		(2)b1	BETTI	ALLI	70A SG	SION	13.05.00
45.06		(2)b2	MANUELA	MAFFONGELLI	84RA VIGOR	CHIASO	15.04.00
49.15		(5)b2	TANJA	RUGEL	86RB SFGM	CHIASO	15.04.00

400 m

53.93		(3)b2	NATHALIE	ZAMBONI	73A LCZ	LA CHAUX-DE-FONDS	13.08.00
57.16		(1)F	MONICA	BORELLA	73A SAL	RIVERA	04.06.00
57.81		(2)F	MARTA	ODUN-SALVADE'	74A VIGOR	RIVERA	04.06.00
58.03		(3)F	LINDA	CURTI	77A VIGOR	RIVERA	04.06.00
58.36		(3)b3	DANIELA	PAGANI	73A SAL	LA CHAUX-DE-FONDS	13.08.00
58.96		(4)F	ELENA	FROSIO	71A VIRTUS	RIVERA	04.06.00
59.46		(3)b1	SILVIA	SCARPONE	76A USA	LUGANO	20.05.00
59.97		(3)b3	BETTI	ALLI	70A SG	BASILEA	12.06.00
60.20		(3)b1	LARA	ZAMBONI	70A GAB	BELLINZONA	16.09.00
61.31		(3)b1	DONATELLA	TAGHETTI	70A GAB	LUGANO	20.05.00

600 m

1:35.17		(3)b1	DANIELA	PAGANI	73A SAL	CHIASO	21.06.00
1:36.25		(6)b1	LINDA	CURTI	77A VIGOR	CHIASO	21.06.00
1:39.38		(7)b1	MANUELA	MAFFONGELLI	84RA VIGOR	CHIASO	21.06.00
1:46.53		(5)b2	ANGELA	RIEDO	82J VIGOR	CHIASO	21.06.00
1:55.06		(10)b2	ALESSANDRA	VISENTINI	83RA SAV	CHIASO	21.06.00

800 m

2:09.91		(1)F	MARTA	ODUN-SALVADE'	74A VIGOR	RIVERA	03.06.00
2:10.37		(3)F	DANIELA	PAGANI	73A SAL	LUGANO	30.07.00
2:14.57		(6)b1	LINDA	CURTI	77A VIGOR	LUCERNA	27.06.00
2:14.92		(D)	NATHALIE	ZAMBONI	73A LCZ	HOCHDORF	24.09.00
2:17.43		(3)F	DONATELLA	TAGHETTI	70A GAB	RIVERA	03.06.00

2:19.48	(5)F	MANUELA	MAFFONGELLI	84RA VIGOR	RIVERA	03.06.00
2:24.67	(3)b1	KARIN	COLOMBINI	76A GAB	BELLINZONA	09.09.00
2:27.28	(2)	LARA	ZAMBONI	70A GAB	CHIASSO	23.09.00
2:28.06	(3)b1	SIMONA	TORRIANI	79S VIGOR	BELLINZONA	13.05.00

1000 m

3:03.06	(2)b1	MARTINA	KREN	73A VIRTUS	BIASCA	26.08.00
3:08.86	(3)b1	DONATELLA	TAGHETTI	70A GAB	BIASCA	26.08.00
3:09.96	(4)b1	MANUELA	MAFFONGELLI	84RB VIGOR	BIASCA	26.08.00
3:14.92	(5)b1	KARIN	COLOMBINI	76A GAB	BIASCA	26.08.00
3:14.96	(1)b1	DAISY	ANDREOLI	86RB SAM	BELLINZONA	07.10.00
3:16.63	(2)b1	ANGELA	RIEDO	82J VIGOR	CHIASSO	17.06.00
3:18.03	(2)b1	PRISCA	CIMA	86RB VIRTUS	BELLINZONA	07.10.00
3:20.29	(1)b1	TANJA	RUGEL	86RB SFGM	BELLINZONA	01.06.00
3:22.65	(3)b1	ANNA	LUNGHI	86RB GAB	BELLINZONA	01.06.00
3:25.04	(9)b1	ROSALBA	ROSSI	82J GAB	BIASCA	26.08.00

1500 m

4:47.63	(6)F	MARTINA	KREN	73A VIRTUS	LUGANO	29.07.00
4:53.22	(1)F	MARTA	ODUN-SALVADE'	74A VIGOR	LUGANO	20.05.00
4:53.98	(2)F	MANUELA	MAFFONGELLI	84RA VIGOR	RIVERA	03.06.00
4:56.54	(2)F	DANIELA	PAGANI	73A SAL	LUGANO	20.05.00
4:57.97	(3)F	ANGELA	RIEDO	82J VIGOR	RIVERA	03.06.00
5:18.81	(4)F	EVA	BERTSCHI	79S USC	RIVERA	03.06.00
5:18.92	(8)b1	ELISA	SAVAZZI	85RB USA	CHIASSO	30.08.00
5:19.67	(14)b1	PRISCA	CIMA	86RB VIRTUS	BRESSANONE (I)	11.06.00
5:38.82	(4)b1	ROSALBA	ROSSI	82J GAB	BELLINZONA	16.09.00
5:38.98	(5)F	IRINA	SARINELLI	84RA USC	RIVERA	03.06.00

MIGLIO

5:26.69	(1)	MANUELA	MAFFONGELLI	84RA VIGOR	CHIASSO	23.09.00
6:09.36	(2)	ROSALBA	ROSSI	82J GAB	CHIASSO	23.09.00

2000 m

6:57.56	(1)b1	ANGELA	RIEDO	82J VIGOR	CHIASSO	15.04.00
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7:23.61	(3)b1	SIMONA	TORRIANI	74A VIGOR	CHIASO	15.04.00
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3000 m

10:18.35	(4)b1	MARTINA	KREN	73A VIRTUS	REGENSDORF	15.08.00
10:36.81	(1)b1	ANGELA	RIEDO	82J VIGOR	BELLINZONA	13.05.00
11:32.70	(3)b1	DAISY	ANDREOLI	86RB SAM	BELLINZONA	13.05.00
11:58.43	(4)b1	PRISCA	CIMA	86RB VIRTUS	BELLINZONA	13.05.00

5000 m

18:18.40	(2)b1	MARTINA	KREN	73A VIRTUS	AARAU	10.08.00
19:07.38	(5)F	ANGELA	RIEDO	82J VIGOR	HOCHDORF	03.09.00
19:26.02	(4)b1	KARIN	COLOMBINI	76A GAB	AARAU	10.08.00
30:26.42*	(3)b1	IORELLA	FILIPPONI	53A VIRTUS	BELLINZONA	16.09.00

*Gara mista

10000 m

40:20.35*	(1)b1	MARTINA	KREN	73A VIRTUS	CHIASO	15.04.00
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*Gara mista

MEZZA MARATONA

1:23:04	(4)	MARTINA	KREN	73A VIRTUS	TENERO	12.11.00
1:23:59	(6)	CLAUDIA	RIEM	71A SPC	TENERO	12.11.00
1:28:20	(17)	KARIN	COLOMBINI	73A GAB	TENERO	12.11.00
1:34:57	(29)	PAOLA	GOTTRAU	63A CONTRA	TENERO	12.11.00
1:36:16	(23)	MICHELA	BOMIO	70A SPL	COMO (I)	26.03.00
1:37:41	(1)	MARIA	BARONI	58V USC	COMO (I)	26.03.00
1:40:48	(48)	RAHEL	TSCHOPP	71A PREONZO	TENERO	12.11.00
1:41:27	(50)	MARISA	MENEGHELLI	52A VIS NOVA	TENERO	12.11.00
1:42:39	(55)	ALESSANDRA	CACCIA	72A VIRTUS	TENERO	12.11.00
1:44:43	(62)	MANUELA	DEL BOCA	63A BREGANZONA	TENERO	12.11.00

MARATONA

3:14:00	(24)	MICHELA	BOMIO	70A SPL	VENEZIA (I)	22.10.00
3:30:43	(22)	MARIA	BARONI	59A USC	TENERO	12.11.00
3:34:00	(24)	KORDULA	DATTRINO	59A RCB	TENERO	12.11.00
4:06:27	(1)	PAOLA	ENGELHARDT	64V LUGANO	COMO (I)	26.03.00
4:27:39	(3)	PAOLA	GOTTRAUX	63V CONTRA	COMO (I)	26.03.00

80 m ostacoli (76.2 cm)

12.87	+1.1	(1)F	ELISA	FIOR	85RB ASSPO	BELINZONA	07.10.00
13.35	+0.7	(1)FB	GIADA	BRIGNOLI	86RB GAB	BELLINZONA	07.10.00
13.50	-0.3	(1)b2	PAMELA	VALLI	85RB ASSPO	BELLINZONA	13.05.00
13.64	+1.1	(2)F	MICHELA	GRASSI	86RB SFGA	BELLINZONA	07.10.00
13.82	+0.7	(2)FB	ANNA	LUNGHI	86RB GAB	BELLINZONA	07.10.00
13.98	+0.2	(1)b1	ANA CRISTINA	FEITKNECHT	85RB VIS NOVA	ASCONA	29.04.00
14.08	-0.1	(2)b1	ALICE	CROCI-TORTI	85RB SAV	VACALLO	16.09.00
14.42	+1.1	(3)F	VALERIA	VASSALLI	86RB ASSPO	BELLINZONA	07.10.00
14.54	+0.2	(2)b1	TANIA	RUGEL	86RB SFGM	ASCONA	29.04.00
15.00	+0.7	(3)FB	CRISTINA	GORLA	85RB SAV	BELLINZONA	07.10.00

100 m ostacoli (76.2 cm)

15.26	+0.7	(1)b1	ELISA	DALDINI	83RA SAL	VACALLO	16.09.00
17.23	0.0	(D)	GIOVANNA	OSTINELLI	83RA SAV	RIVERA	30.09.00
18.00	0.0	(D)	ALESSANDRA	VISENTINI	83RA SAV	RIVERA	30.09.00
18.11	0.0	(D)	MARTINA	LURATI	84RA SAV	RIVERA	30.09.00
18.18	+1.3	(1)b1	NATHALIE	GHIGGI	83RA USA	ASCONA	20.09.00
21.57	0.0	(D)	ANGELINA	TAVAREZ	84RA SAB	RIVERA	30.09.00

100 m ostacoli (84.0 cm)

13.28	+0.3	(1)F	MONICA	PELLEGRINELLI	65A GAB	LUGANO	29.07.00
13.84	-1.3	(2)b1	NATHALIE	ZAMBONI	73A LCZ	ZUGO	26.08.00
14.12	+1.1	(6)sf1	DIANA	BETTONI	73A VIRTUS	MILANO	06.09.00
14.19	+1.5	(3)b2	LARA	ZAMBONI	70A GAB	LUGANO	29.07.00
14.97	+0.8	(4)b3	LAURA	MUDRY	77A GAB	LUGANO	29.07.00
15.06	-0.8	(3)F	ELENA	FROSIO	71A VIRTUS	RIVERA	04.06.00
15.86	-0.3	(1)b1	CASSANDRA	GENNARI	82J GAB	BELLINZONA	24.06.00
16.41	-0.8	(5)F	ELISA	DALDINI	83RA SAL	RIVERA	04.06.00
17.38	+1.6	(4)b1	TATIANA	BERGOMI	77A SFGM	BIASCA	26.08.00

17.52	-0.8	(6)F	DANJA	SANTINI	81J	VIRTUS	RIVERA	04.06.00
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400 m ostacoli (76.2 cm)

56.89		(1)F	NATHALIE	ZAMBONI	73A	LCZ	LUGANO	30.07.00
61.63		(4)b1	ELENA	FROSIO	71A	VIRTUS	LUCERNA	24.06.00

ALTO

1.74		(1)	BEATRICE	LUNDMARK	80S	SFGC	SARONNO (I)	03.06.00
1.68		(5)	CINTHIA	STEPHANI	78S	SAL	LUGANO	30.07.00
1.62		(D)	NATHALIE	ZAMBONI	73A	LCZ	HOCHDORF	23.09.00
1.61		(1)	MARTINA	MARIOTTI	84RA	ASSPO	VACALLO	16.09.00
1.56		(1)	LARA	KRONAUER	87SA	GAB	BELLINZONA	07.10.00
1.55		(3)	LOREDANA	NOCELLI	72A	SAL	LOCARNO	27.05.00
1.55		(2)	TERESITA	BRAMANTE	77A	VIS NOVA	BIASCA	26.08.00
1.50		(10)	ALESSANDRA	VISENTINI	83RA	SAV	BRESSANONE (I)	11.06.00
1.50		(2)	ANGELINA	TAVAREZ	84RA	SAB	DONGIO	10.09.00
1.48		(3)	TATIANA	BERGOMI	77A	SFGM	BELLINZONA	09.09.00

ASTA

3.40		(5)	MIRIAM	FILIPPONI	80S	VIRTUS	LUGANO	29.07.00
2.60		(2)	LOREDANA	NOCELLI	72A	SAL	RIVERA	03.06.00
2.50		(3)	LARA	BATTAGLIA	74A	USA	RIVERA	03.06.00
2.30		(2)	ELENA	JAMETTI	75A	SAL	LUGANO	20.05.00
2.20		(4)	PAMELA	FERRARI	80S	USA	RIVERA	03.06.00
1.90		(1)	GIOVANNA	OSTINELLI	83RA	SAV	MENDRISIO	27.05.00
1.60		(1)	CRISTINA	GORLA	85RB	SAV	MENDRISIO	27.05.00
1.60		(2)	ALICE	CROCI-TORTI	85RB	SAV	MENDRISIO	27.05.00

LUNGO

6.04	+1.2	(1)	LAURA	IMBERTI	80S	SFGC	RIVERA	04.06.00
5.67	+1.0	(2)	TERESITA	BRAMANTE	77A	VIS NOVA	RIVERA	04.06.00
5.28	-0.1	(3)	CINTHIA	STEPHANI	78S	SFGM	RIVERA	04.06.00
5.23	+0.9	(2)	TATIANA	BERGOMI	77A	SFGM	CHIASSO	23.09.00
5.17	-1.1	(D)	NATHALIE	ZAMBONI	73A	LCZ	HOCHDORF	24.09.00
5.16	+1.5	(4)	BRIGITTE	MARAZZI	77S	VIRTUS	RIVERA	04.06.00

5.12	-0.7	(D)	ELISA	DALDINI	83RA SAL	RIVERA	30.09.00
5.12	-0.9	(1)	DIANA	BETTONI	73A VIRTUS	LOCARNO	16.09.00
5.08	+1.1	(5)	MIRIAM	FILIPPONI	80S VIRTUS	RIVERA	04.06.00
5.07	+0.8	(1)	PAMELA	VALLI	85RB ASSPO	BELLINZONA	01.06.00

TRIPLO

12.34	+0.9	(3)	LAURA	IMBERTI	80S SFGC	LUGANO	29.07.00
11.50	+1.7	(7)	TERESITA	BRAMANTE	77A VIS NOVA	LUGANO	29.07.00
10.69	-0.9	(3)	BRIGITTE	MARAZZI	77S VIRTUS	LUGANO	20.05.00
9.93	+1.0	(4)	CINZIA	LEONI	85RB VIS NOVA	BIASCA	26.08.00
9.67	-1.4	(5)	TATIANA	BERGOMI	77S SFGM	LUGANO	20.05.00

PESO (3.0 kg)

10.23		(5)	ANA CRISTINA	FEITKNECHT	85RB VIS NOVA	WILL	02.07.00
8.72		(2)	ANNA	TETTAMANTI	84RA SFGM	MENDRISIO	27.05.00
8.73		(2)	ANGELINA	TAVAREZ	84RA SAB	LOCARNO	24.09.00
9.39		(D)	SILVANA	MOLTRASIO	86RB GAB	RIVERA	30.09.00
9.40		(2)	PAMELA	MARTINEZ	87SA VIRTUS	BELLINZONA	07.10.00
9.16		(1)	PAMELA	VALLI	85RB ASSPO	BELLINZONA	01.06.00
9.22		(2)	NATHALIE	GHIGGI	83RA USA	ASCONA	29.04.00
9.22		(D)	ALICE	CROCI-TORTI	85RB SAV	RIVERA	30.09.00
9.33		(1)	ANGELA	LAPPOT-CASTILLO	84RA SFGM	ASCONA	29.04.00
9.37		(1)	MARTINA	MARIOTTI	83RA ASSPO	BELLINZONA	01.06.00

PESO (4.0 kg)

11.93		(1)	MANUELA	MARIONI	69A VIRTUS	RIVERA	03.06.00
11.16		(2)	CRISTINA	PEZZATTI	68A SGL	RIVERA	03.06.00
9.97		(8)	MONICA	PELLEGRINELLI	65A GAB	HOCHDORF	27.05.00
9.76		(D)	NATHALIE	ZAMBONI	73A LCZ	HOCHDORF	23.09.00
9.41		(3)	DANJA	SANTINI	81J VIRTUS	RIVERA	03.06.00
8.69		(1)	TERESITA	BRAMANTE	77A VIS NOVA	BELLINZONA	09.09.00
8.50		(2)	ANA CRISTINA	FEITKNECHT	85RB VIS NOVA	BELLINZONA	09.09.00
8.31		(4)	ANGELA	LAPPOT-CASTILLO	84RA SFGM	RIVERA	03.06.00
8.21		(7)	MONICA	BORELLA	73A SAL	LOCARNO	27.05.00
8.03		(2)	ALICE	CROCI-TORTI	85RB SAV	DONGIO	12.06.00

DISCO (0.75 kg)

36.18	(1)	ANA CRISTINA	FEITKNECHT	85RB VIS NOVA	BIASCA	26.08.00
19.83	(1)	FRANCESCA	BRUNO	86SA VIS NOVA	LOCARNO	24.09.00

DISCO (1.0 kg)

38.61	(1)	MANUELA	MARIONI	69A VIRTUS	RIVERA	04.06.00
33.67	(1)	ANA CRISTINA	FEITKNECHT	85RB VIS NOVA	BELLINZONA	09.09.00
31.45	(2)	CRISTINA	PEZZATTI	68A SGL	RIVERA	04.06.00
31.37	(3)	CHANTAL	PIFFERO	77A SAG	RIVERA	04.06.00
28.53	(2)	ELENA	FROSIO	71A VIRTUS	LOCARNO	23.09.00
27.21	(3)	DANJA	SANTINI	81J VIRTUS	LOCARNO	23.09.00
25.64	(5)	TIZIANA	ROMY	68A AT90	RIVERA	04.06.00
21.02	(5)	AGATA	GALFETTI	81J SFGM	LOCARNO	24.09.00
20.41	(3)	NATHALIE	GHIGGI	83RA USA	OCARNO	24.09.00
19.65	(6)	MICAELA	GAMBETTA	79S SAB	LOCARNO	24.09.00

MARTELLO (4.0 kg)

36.52	(1)	DANJA	SANTINI	81J VIRTUS	BELLINZONA	16.09.00
31.01	(17)	MIRYEM	MALAS	79S VIRTUS	LUGANO	29.07.00
15.47	(4)	CHIARA	VANONI	82J VIRTUS	LUGANO	20.05.00

GIAVELLOTTO (400 g)

38.62	(6)	ANA CRISTINA	FEITKNECHT	85RB VIS NOVA	SION	03.09.00
29.20	(1)	ALICE	CROCI-TORTI	85RB SAV	VACALLO	16.09.00
27.49	(2)	TANJA	RUGEL	86RB SFGM	VACALLO	16.09.00
24.40	(3)	NICOLE	GENINASCA	86RB VIRTUS	BELLINZONA	01.06.00
23.72	(4)	VALERIA	VASSALLI	86RB ASSPO	BELLINZONA	01.06.00
23.57	(2)	PAMELA	MARTINEZ	87SA VIRTUS	BELLINZONA	07.10.00
22.93	(3)	CRISTINA	GORLA	85RB SAV	BELLINZONA	07.10.00
22.77	(4)	NINA	GANDER	86RB SAV	BELLINZONA	07.10.00
21.48	(5)	ROMINA	BREDA	86RB SAR	BELLINZONA	07.10.00
19.91	(6)	SILVANA	MOLTRASIO	86RB GAB	BELLINZONA	01.06.00

GIAVELLOTTO (600 g)

33.82	(1)	MONICA	PELLEGRINELLI	65A GAB	RIVERA	03.06.00
33.00	(1)	ANA CRISTINA	FEITKNECHT	85RB VIS NOVA	LOCARNO	24.09.00
31.54	(4)	LOREDANA	NOCELLI	72A SAL	LOCARNO	27.05.00
29.21	(4)	PAOLA	CRIVELLI	83RA SAV	CHIASSO	21.06.00
27.94	(2)	TIZIANA	ROMY	68A AT90	RIVERA	03.06.00
27.84	(2)	MICAELA	GAMBETTA	79S SAB	LOCARNO	24.09.00
27.48	(D)	NATHALIE	ZAMBONI	73A LCZ		24.09.00
27.06	(3)	ALESSIA	GEROSA	80S SFGM	LUGANO	20.05.00
27.06	(2)	ANGELINA	TAVAREZ	84RA SAB	LOCARNO	24.09.00
26.79	(4)	FEDERICA	ROSSI	77A GAB	RIVERA	03.06.00

PENTATHLON (RB)

80 m / lungo / peso (3.0 kg) / alto / 1000 m

2812	(1)	TANJA	RUGEL	86RB SFGM	RIVERA	30.09.00
				(11.08 0.0 / 4.47 0.0 / 8.32 / 1.30 / 3:35.25)		
2781	(2)	ELISA	FIOR	85RB ASSPO	RIVERA	30.09.00
				(11.03 0.0 / 4.29 0.0 / 7.95 / 1.25 / 3:26.81)		
2739	(3)	LARA	KRONAUER	87SA GAB	RIVERA	30.09.00
				(11.32 +0.3 / 4.29 0.0 / 8.25 / 1.45 / 3:48.56)		
2689	(4)	ALICE	CROCI-TORTI	85RB SAV	RIVERA	30.09.00
				(11.30 0.0 / 4.43 0.0 / 9.22 / 1.25 / 3:45.10)		
2628	(5)	GIADA	BRIGNOLI	86RB GAB	RIVERA	30.09.00
				(11.11 +0.3 / 4.57 0.0 / 8.17 / 1.25 / 3:54.11)		
2620	(6)	ANNA	LUNGI	86RB GAB	RIVERA	30.09.00
				(11.34 0.0 / 4.10 0.0 / 6.89 / 1.25 / 3:26.73)		
2486	(8)	DAIANA	GENINASCA	86RB VIRTUS	RIVERA	30.09.00
				(11.98 0.0 / 4.55 0.0 / 7.67 / 1.40 / 4:04.44)		
2149	(9)	LAURA	SIGNORELLI	87SA GAB	RIVERA	30.09.00
				(11.68 0.0 / 3.76 0.0 / 7.25 / 1.15 / 4:00.95)		
1983	(10)	DEBORA	CAPRANI	85RB GAB	RIVERA	30.09.00
				(11.98 0.0 / 3.62 0.0 / 6.71 / 1.30 / 4:35.76)		
1917	(11)	MARTINA	AQUILINI	88SA GAB	RIVERA	30.09.00
				(12.23 0.0 / 3.96 0.0 / 4.99 / 1.10 / 3:59.24)		

EPTATHLON (RA)

100 m ost. (76.2 cm) / lungo / giavellotto (600 g) / 200 m / alto / peso (3.0 kg) / 800 m

3954	(1)	ELISA	DALDINI	83RA SAL	RIVERA	30.09/01.10.00
				(15.30 0.0 / 5.12 -0.7 / 19.50 / 26.86 0.0 / 1.30 / 8.13 / 2:53.76)		
6548	(2)	GIOVANNA	OSTINELLI	83RA SAV	RIVERA	30.09/01.10.00

3237	(3)	(17.23 0.0 / 4.60 -1.8 / 22.05 / 29.31 0.0 / 1.25 / 7.82 / 2:40.16) ALESSANDRA VISENTINI 83RA SAV RIVERA	30.09/01.10.00
3078	(4)	(18.00 0.0 / 4.39 -1.8 / 0 / 28.91 / 1.50 / 7.54 / 2:41.88) ANGELINA TAVAREZ 84RA SAB RIVERA	30.09/01.10.00
2928	(5)	(21.57 0.0 / 4.02 -1.1 / 25.71 / 30.29 0.0 / 1.40 / 7.66 / 2:48.54) MARTINA LURATI 84RA SAV RIVERA	30.09/01.10.00
		(18.11 0.0 / 4.21 -0.4 / 21.59 / 30.74 0.0 / 1.20 / 8.46 / 3:15.93)	

EPTATHLON (A + J) 100 m ost. (84.0 cm) / alto / peso (4.0 kg) / 200 m / lungo / giavellotto (600 g) / 800 m

5078	(1)	NATHALIE ZAMBONI 73A LCZ HOCHDORF	23/24.09.00
		(14.10 0.0 / 1.62 / 9.76 / 24.73 -0.5 / 5.17 -1.1 / 27.48 / 2:14.92)	
3938	(1)	LARA ZAMBONI 70A GAB RIVERA	30.09/01.10.00
		(14.69 -0.5 / 1.40 / 7.27 / 26.57 -0.6 / 4.70 +2.7 / 21.29 / 2:33.42)	
3834	(2)	TERESITA BRAMANTE 77A VIS NOVA RIVERA	30.09/01.10.00
		(16.74 -0.5 / 1.45 / 8.57 / 27.30 -0.6 / 5.15 +2.1 / 26.25 / 2:45.45)	
3608	(3)	CASSANDRA GENNARI 82J GAB RIVERA	30.09/01.10.00
		(15.97 -0.5 / 1.30 / 7.52 / 26.90 -0.6 / 4.57 +1.3 / 23.29 / 2:37.89)	
3279	(7)	TATIANA BERGOMI 77A SFGM RIVERA	30.09/01.10.00
		(17.54 0.0 / 1.40 / 7.53 / 29.50 -0.4 / 4.96 +3.1 / 25.56 / 2:56.17)	
3137	(8)	MIRIAM FILIPPONI 80 VIRTUS RIVERA	30.09/01.10.00
		(17.56 0.0 / 1.40 / 6.84 / 29.01 -0.4 / 4.86 +2.0 / 14.81 / 2:42.60)	

5x80 m

53.36	(5)F	ASSPO RB FRAUENFELD	18.06.00
		(S. Belometti 85 / V. Vassalli 86 / P. Minini 86 / P. Valli 85 / E. Fior 85)	
54.16	(1)b1	CAM RB BELLINZONA	01.06.00
		(A. Croci-Torti 85 / M. Gallo 86 / M. Grassi 86 / T. Rugel 86 / A. Rusconi 85)	
55.11	(3)b1	GAB RB BELLINZONA	01.06.00
		(P. Andreazzi 85 / G. Brignoli 86 / D. Carpani 85 / L. Dioli 85 / A. Lunghi 86)	
55.57	(3)F	SAM RB TENERO	07.05.00
		(D. Andreoli 86 / V. Guggiari 86 / A. Kaufmann 86 / P. Corazzini 87 / L. Corazzini 87)	
56.50	(3)b1	VIRTUS RB BELLINZONA	01.06.00
		(D. Berguglia 85 / L. Cavalli 86 / D. Geninasca 86 / F. Gianora 85 / I. Guidinetti 85)	
56.84	(4)b1	CA97 RB BELLINZONA	01.06.00
		(S. Boiani 85 / F. Bruno 86 / A. C. Feitknecht 85 / C. Leoni 85 / V. Porta 86)	

4x100 m

49.14	(1)F	GAB (L. Mudry 77 / L. Zamboni 70 / M. Pellegrinelli 65 / C. Gennari 82)	A	TENERO	07.05.00
49.57	(2)F	SAL (E. Jametti 75 / M. Borella 73 / E. Daldini 83 / M. Volpatti 84)	A	TENERO	07.05.00
50.21	(3)F	VIRTUS (M. Filipponi 80 / E. Frosio 71 / C. Vanoni 82 / D. Bettoni 73)	A	TENERO	07.05.00
51.38	(6)b1	SELEZIONE TICINO (R. Margnetti 84 / E. Butti 84 / E. Daldini 83 / M. Volpatti 84)	RA	BRESSANONE (I)	11.06.00
53.84	(1)F	CAM (G. Ostinelli 83 / M. Lurati 83 / B. Campana 83/ E. Lappot-Castillo 84)	RA	TENERO	07.05.00
54.06	(2)b1	ASSPO (M. Mariotti 84 / L. Bianchi 85 / A. Danesi 87 / P. Minini 86)	RA	BELLINZONA	01.06.00
54.65	(3)F	CA97 (T. Ball 84 / N. Ghiggi 83 / A. C. Feitknecht 85 / L. Morini 83)	RA	TENERO	07.05.00
54.98	(5)b1	CA97 (C. Leoni 85 / F. Brun 86 / T. Bramante 77 / L. Morini 83)	A	HOCHDORF	27.05.00

3x800 m

6:56.81	(1)F	SAL (L. Nocelli 72 / M. Borella 73 / D. Pagani 73)	A	TENERO	07.05.00
6:57.54	(2)F	VIGOR (M. Maffongelli 84 / L. Curti 77 / M. Odun-Salvadé74)	A	FRAUENFELD	17.06.00
7:59.54	(1)F	VIRTUS (I. Guidinetti 85 / F. Gianora 85 / P. Cima 86)	RB	TENERO	07.05.00
8:03.51	(4)F	VIRTUS (M. Kren 73 / A. Caccia 72 / L. Soldini 77)	A	TENERO	07.05.00
8:03.57	(2)F	SAM (F. Vetrano 86 / V. Gianinazzi 88 / D. Andreoli 86)	RB	TENERO	07.05.00
8:04.84	(3)F	CAM (T. Rugel 86 / E. Lupi 86 / A. Croci-Torti 85)	RB	TENERO	07.05.00
8:17.86	(4)F	GAB (L. Kronauer 87 / P. Andreazzi 85 / A. Lunghi 86)	RB	TENERO	07.05.00

4x800 m

9:21.67	(1)b1	VIGOR (M. Maffongelli 84 / L. Curti 77 / M. Odun-Salvadé 74 / A. Riedo 82)	A	CHIASSO	24.05.00
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